

## **Confirmation Saint Name**

A name identifies us in a unique way, not just our physical selves, but who we are as a person.

One of the traditional practices in the Catholic Church at the time of Confirmation is choosing a saint's name that will remind you of this sacrament. Your prayerful reflection will help you determine that name. Whether you decide to stay with your Baptismal name or pick a new name, take the time to research and explore the root meaning of the name, for as Scripture says "God calls each of us by name."

## **My Confirmation Name – Sharing the Story of Your Saint**

Your name gives you an identity; it tells others who you are. When you were baptized, your parents choose your name. If you do not know your parents' reason for choosing your name, ask them about it. Now that you are about to be confirmed, it is time to choose the name you will take as a sign of your growth in Christ in your Catholic Faith. The tradition of taking on a new name to show a new role can be traced back to the Old Testament. When Abram was called to lead his people to believe in the one true God, his name was changed from Abram to Abraham meaning "the father of many nations." Again in the New Testament we find Simon's name changed from Simon to Peter, meaning "Rock" because he was to become the rock upon which Jesus founded His Church. Your Confirmation Name should reflect the role, the NEW role you will undertake as a more mature Catholic. Remember that choosing a Confirmation Name means selecting the name of a saint with a life story that you can relate to and who possesses Christian qualities which you would like to aspire to in your own faith journey.

Choose a person, not just a name!

To learn more about the saints of the Catholic Church, view any of the websites listed below:

[www.catholic-forum.com/saints/indexsnt.htm](http://www.catholic-forum.com/saints/indexsnt.htm)

[www.americancatholic.org/Features/Saints/patrons.asp](http://www.americancatholic.org/Features/Saints/patrons.asp)

[www.catholic.org/saints/](http://www.catholic.org/saints/)

[www.newadvent.org](http://www.newadvent.org)

[www.catholic-forum.com/saints](http://www.catholic-forum.com/saints)

[www.catholic.org/saints/](http://www.catholic.org/saints/)

[www.Americancatholic.org](http://www.Americancatholic.org)

### **Due date:**

The remaining pages must be submitted by 1/26/2020

## Part One: **ABOUT YOUR NAME**

My baptismal name is:

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First

Middle

Last

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I was named after:

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(If applicable, a grandparent, parent, relative, family friend, etc.)

My parents chose this name for me because:

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Your Confirmation Name may be based on one of the following options: *(Choose one)*

Your baptismal name. You may choose to keep your baptismal name, *only if* it is a ***Christian Saint's Name***.  
You must still research your Christian Saint's Name.

"I plan to keep this name because..." :

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Another Saint's name as your Confirmation name.

"The Saint I chose to pray to and imitate and whose name I have chosen for the Sacrament of Confirmation is...":

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## Part Two: **ABOUT YOUR SAINT**

Does your Saint have a feast day in the Church?

YES

NO

My Saint's feast day is:

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Month

\_\_\_\_\_

Day

What three events in the life of this Saint most impresses you? Why?

1.

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2.

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3.

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What three special virtues (a virtue is a good habit that enables a person to act with moral excellence, according to God's will) did the Saint have?

1.

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2.

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3.

In what two ways was this Saint most like Jesus?

1.

2.

Name one way this Saint showed love for others.

How could you follow this Saint in your daily life today? Be specific. Give 3 examples.

1.

2.

3.

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"I chose this Confirmation name because...":

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Summarize or list 5 key events in your Saint's life story.

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4.

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5.

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